

HONORING THE CHILD WITH SPECIAL NEEDS

Incorporating contemplative practices and healing modalities such as yoga, mindfulness, and Qi Gong into traditional therapy, counseling, education and caregiving.

Creating peace from the inside out.

Would you like to empower children to develop independent tools to organize their nervous system?

Strategies will include techniques to:

- Manage sensory needs quickly and effectively
- Reduce anxiety and stress (yours and theirs)
- Release defense mode patterning
- Integrate primitive reflexes

Would you like to learn more effective techniques to support inclusion for ALL children?

Learn creative ways to:

- Discover an authentic model of inclusion for classrooms and therapy
- Lead peaceful group experiences which meet each student where they are and align with individual therapy goals
- Provide opportunities for easeful social interaction and communication between peers, family members, and therapists

Is behavior still getting in the way of learning? (Even though you have tried different strategies and techniques?)

Guide yourself and the children in your care to:

- Improve emotional awareness to facilitate "letting it go"
- Empower the recognition of triggers and use of yoga tools to develop self-regulation skills
- Understand the communicative components of all behavior
- Develop responsibility for behaviors and actions



WHO IS THIS FOR

Therapists, Behavioral Specialists, Educators, Social Workers, Psychologists, School Counselors or Parents/Caregivers

WHAT YOU WILL LEARN

Sharing contemplative practices with children with Autism, ADHD, Sensory Processing Disorders, and Learning Disabilities

INSTRUCTORS

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June 2, 3 & 4, 2017

Friday: 9 am to 4 pm; Saturday: 1 pm to 8 pm;
Sunday: 9 am to 3 pm

Karma Kids Yoga Studio
25 West 23rd Street, NY, NY

\$525 until 4/7/17; \$599 thereafter.

Register online at: www.zensationalkids.com

FOR MORE INFORMATION

Contact allison@zensationalkids.com
or visit: www.zensationalkids.com

